

EXAM 5 EXAM

RESPIRATORY QUESTIONNAIRE

DATE ___/___/___ RQ001

This questionnaire asks about symptoms which may relate to allergy, asthma, or other lung disease. Your answers to these questions will help us to interpret the results of your lung function tests. Together with other tests performed as part of the Framingham Study, this questionnaire will provide important information about the aging process and the development of lung disease.

TO ANSWER THE QUESTIONS, PLEASE CIRCLE THE APPROPRIATE ANSWER; IF YOU ARE UNSURE OF THE ANSWER, PLEASE CHOOSE "NO"

WHEEZE AND TIGHTNESS IN THE CHEST		CODING USE
1	Have you had wheezing or whistling in your chest at any time in the last 12 months? NO YES ^{RQ002}	0 1 9
2	Have you woken up with a feeling of tightness in your chest first thing in the morning at any time in the last 12 months? NO YES ^{RQ003}	0 1 9

SHORTNESS OF BREATH		CODING USE
3	Have you, at any time in the last 12 months, had an attack of shortness of breath that came on during the day when you were not doing anything strenuous? NO YES ^{RQ004}	0 1 9
4	Have you had an attack of shortness of breath that came on after you stopped exercising at any time in the last 12 months? NO YES ^{RQ005}	0 1 9
5	Have you, at any time in the last 12 months, been awakened at night by an attack of shortness of breath? NO YES ^{RQ006}	0 1 9

COUGH AND PHLEGM FROM THE CHEST		CODING USE
6	Have you, at any time in the last 12 months, been awakened at night by an attack of coughing? NO YES ^{RQ007}	0 1 9
7	Do you usually cough first thing in the morning? NO YES ^{RQ008}	0 1 9
8	Do you usually bring up phlegm from your chest first thing in the morning? NO YES ^{RQ009}	0 1 9
9	Have you brought up phlegm from your chest like this on most mornings for at least 3 months a year? NO YES ^{RQ010}	0 1 9

BREATHING ^{RQ011}		CODING USE
10	Which of the following statements best describes your breathing? Check one box only.	0 1 2 3 9
a	I never or only rarely get trouble with my breathing	
b	I get repeated trouble with my breathing, but it always gets completely better.	
c	My breathing is never quite right.	

EXAM 5

ANIMALS, DUST, FEATHERS		CODING USE
	When you are in a dusty part of the house or with animals (for instance, dogs, cats, or horses) or near feathers (including pillows, quilts, and eiderdowns) do you ever:	
11	Get a feeling of tightness in your chest? NO YES RQ012	0 1 9
12	Start to feel short of breath? NO YES RQ013	0 1 9

ASTHMA		CODING USE
13	Have you ever had asthma? NO YES RQ014	0 1 9
14	Have you had an attack of asthma at any time in the last 12 months? NO YES RQ015	0 1 9
15	Are you currently taking any medicines (including inhalers, aerosols, or tablets) for asthma? NO YES RQ016	0 1 9

SMOKING		CODING USE
16	Do you now smoke cigars or pipes? NO YES RQ017	0 1 9
17	Do you now smoke cigarettes (i.e. within the last week)? NO YES RQ018	0 1 9
18	Have you ever smoked cigarettes for as long as a year? NO YES (if yes answer 18 a,b,&c) RQ019	0 1 9
18a	How many years have you smoked / did you smoke? RQ020	
18b	How many cigarettes do/did you smoke a day? RQ021	
18c	If you no longer smoke, when did you quit? RQ022 LESS THAN 4 WEEKS AGO MORE THAN 4 WEEKS AGO	0 1 2 9

STEROID MEDICATIONS		CODING USE
	Steroid medications are commonly prescribed for lung diseases such as asthma. They are also prescribed for a variety of other conditions including psoriasis and other skin conditions, and some types of arthritis and bowel disease. These medications can be taken by mouth, by inhalation, or applied to the skin, or may be given as injections. (Some commonly used steroid medications are listed below.)	
19	Are you currently taking any steroid medications? NO YES RQ023	0 1 9
20	If yes, by what route (check as many as apply) ORAL INJECTED INHALED NASAL SKIN RQ024	0 1 2 3 4 5 9

- | | | | |
|----------------|----------------|--------------|----------------|
| ORAL | INHALED | NASAL | SKIN |
| Cortone | Aerobid | Beconase | Aristocort |
| Decadron | Azmacort | Nasacort | Diprolene |
| Deltasone | Beclovent | Nasalide | Hydrocortisone |
| Hydrocortisone | Vanceril | Vancenase | Hytone |
| Medrol | | | Kenalog |
| Prednisone | | | Lidex |
| Westcort | | | Synalar |